

## **Custom Orthotic Check List**

### **Informed Consent to Gait and Lower Limb Assessment**

A Gait Analysis looks at your movement patterns, strength, and joint range of motion used in the daily activities such as running, walking or moving your feet. Often a result of injury to the lower back, or lower limb, can cause chronic pain resulting in a change in your gait pattern. Assessing the impact on your gait can help to identify any symptoms related to your pain.

A Gait and lower limb assessment may consist of patient completing forms, as well as a history and a physical exam including testing and palpation and measurements. It is important to let us know of any pre-existing medical conditions, including those related to heart and vascular system that already exist. We are required to advise patients that there may be some risks associated. In particular you should note that manual testing and palpation of associated areas of the foot/leg may temporarily aggravate symptoms and/or leave bruising and discomfort.

I acknowledge I have read and understand the implications of the required Biomechanical and Gait Assessment to be performed by enduraHEALTH Sports Therapy.

*Initials* \_\_\_\_\_

### **Custom Orthotic insurance check list**

In order for us to help you determine your insurance cover-ability, please fill in the following fields. These details can be found in your insurance provider's policy description:

A- Insurance Provider:

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B- List of approved professionals to provide the assessment:

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C- Yearly Coverage:

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D- Do you require a prescription? If so, by which professional?

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E- Plan Number

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***Upon dispensing, we will provide you with a copy of the following items:***

- 1-Biomechanical and Gait Analysis report
- 2-Lab manufacturing device report
- 3-Lab order form
- 4-Sales receipt

***Our professional staff includes:***

Erica Holmes, MSc. PT, B.Kin, CAFCI

*Initials* \_\_\_\_\_